



## Kathryn R. Simpson, M.S.

**Kathryn R. Simpson**, **M.S.**, has spent the last twelve years conducting endocrine research after being diagnosed with multiple sclerosis and finding that her symptoms were caused by multiple hormonal deficiencies. Resolving these deficiencies has led to complete resolution of all her symptoms.

In 2006, she founded a specialty hormone clinic with partner William Van Valin, MD to treat hormone imbalance and diseases such as MS, Lupus and fibromyalgia. She used her research and anecdotal experience at the clinic to write *The Perimenopause & Menopause Workbook* published by New Harbinger Publications in 2006. Her second book, *The MS Solution*, published in March 2008 and a third *The Women's Guide to Complete Thyroid Health* in 2009 and *Overcoming Adrenal Fatigue* in 2011

In 2001, she founded a company to focus on research and development of therapies for treatment of endocrine related disorders. The company entered into collaboration agreements with American Bioscience, Inc. and American Pharmaceutical Partners to develop several novel new bio-identical therapies.

In the twenty years preceding this, Ms. Simpson held the following executive positions: CEO of FISK Communications, Inc. where she was responsible for management of the design, manufacture and launch of the company's proprietary microprocessor based tele- and data- communications product; Director of Operations at ISIS Pharmaceutical, a biotech research and development company specializing in gene therapy where she was responsible for regulatory and scientific operations; Vice President at General Instrument Corp., responsible for internal operations as well as product security for a manufacturer of broadcasting equipment for the satellite and cable television markets; REMEC, Inc., where she was Vice President and part of a management team that grew the company from \$7 million in annual sales to \$250,000 million in 4 years. Before this she was in management at Hoescht Pharmaceutical, in the assay products group.

Ms. Simpson received a Bachelor's degree from Ohio Wesleyan University and a Masters of Science degree from USC.